

# What's going on.

by Alice Gardner

There is only being-ness, not separate beings, people, or objects.

This being-ness (call it aliveness or Life or Love or God if you will) is expressing itself in form in innumerable ways through the whole of creation.

As humans, our rather risky task is in developing our mental faculties. In doing so our noisy minds have overrun our other organs of perception and have dominated our awareness for many thousands of years. We have been blinded to the world that exists beyond our minds. This has caused us to live lives that do not connect with reality, but only relate to un-real mental versions of the world and each other.

The abilities of the human mind are worth the risk, or so it seems, because all this is happening. It must be important. The risk is that we will destroy ourselves and other parts of creation because of the fear that living in this insecure mind-mediated reality precipitates and the behaviors it engenders. We may end up destroying ourselves and our planet before we realize what is going on.

Is it helpful to read this? Possibly but not necessarily.

Mind would like to contain what it is hearing at its own level, disarming the revelation as being dangerous to its own control. It would like to make it just one more impotent idea mixed with many others. Mind stops there, unable to save us from our predicament, from its own fear.

Is there another way to let in this revelation about what is going on? Yes, but the cost is the whole version of reality that our mind-mediated lives are based on. Are we willing to see, to really see what is going on, even if it strips us bare and gives us no foundation to stand on? If all that you are screams yes with a certainty beyond all the objections of the rational mind for undertaking such a journey then it can be helpful to read this. It can be time to go outside our mentally constructed walls and discover an entirely new world.

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